

Stay at home if you are sick and let your family know



Try not to touch your face



Contact your doctor if you have a fever, cough, sore throat or shortness of breath



Clean your home with disinfectant wipes regularly, particularly if you have had visitors



Cough or sneeze into a tissue and discard or your elbow. Do not cough or sneeze into your hands



Wash your hands regularly with soap and a hand sanitizer



Stand at a good distance away from others



Avoid places where large groups gather



Where to go for more information:

<https://www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus->